

**Silver Springs Primary Academy**  
**Sports, PE, Health and Fitness Plan**  
**(Includes SPORTS PREMIUM SPEND 2021 shown in red)**

**Barriers to Participation in Sport**

**1. Cost of local clubs**

Due to high deprivation indices, parents of children in the locality are less likely to take their children to take part in regular sporting activities at local sports clubs or swimming lessons due to the additional costs of fees, kit and equipment.

**2. Lack of transport and cost of transport**

Ward Level data shows that only 45% of households in the two main wards serving the school have access to a family vehicle, which means that for the majority of children parents are reliant on public transport or walking to nearby sports clubs / swimming pools.

**3. Parents lack of confidence / time**

Many parents themselves lack confidence in finding and accessing these kinds of services or are unable to commit to the regular attendance required for attendance to become habitual and therefore lead to long-term benefits for their children. Additionally for significant numbers of children this is not an activity that is valued by the family and children are more likely to spend large amounts of out of school hours playing out with friends in the neighbourhood

**4. Lack of knowledge of local activities available**

Many parents are unaware of the wide range of activities and clubs available locally and require signposting to these via school as there is no real central hub with this information readily available.

**5. Covid-19 Pandemic**

During the pandemic, previously active families got out of the habit of attending sports sessions, some of these parents are still trepidatious about sending children to public sessions, whilst the rates in Tameside remain higher than the national average.

**Locality Risk Assessment**

1. The school is aware that we are located in close proximity to two large bodies of open water, to which there is open access. Couple this with the fact that significant numbers of children spend a lot of time playing out unsupervised in the evenings, at weekends and during school holidays makes it essential to us that children learn to swim as early as possible before they might independently access that area.

**Locality Health Indicators**

1. Local data shows that adults in the locality are more likely to die of a heart attack or stroke between the ages of 40 – 60 than anywhere else in Greater Manchester. Life expectancy locally is 10.4 years lower for men and 8 years lower for women in the most deprived areas of Tameside compared to the least deprived areas. In Tameside, in Year 6, 33.9% of children are classified in the excess weight category.

**Rationale for Pupil Premium Spend**

Our Sports Premium spending aims to address the impact of the identified barriers to participation as well as continue to extend the range of opportunities on offer and improve the quality of teaching and learning in this area of the curriculum. We want all our children to benefit from an active school lifestyle and take a lifelong positive interest in sport and fitness participation. We want children to understand the benefits of active lifestyles on their health and be able to experience a broad range of activities. We believe that the best way to ensure high quality delivery is to invest in specialist coaching and teaching and link with professional networks.

**Taking Account of Restrictions during the Covid-19 Pandemic**

Our aim has been to provide as much Sport and activity as we can to the children of Key Workers and our Vulnerable and SEND children in school, whilst promoting Physical Fitness through video, challenges, links to national initiatives etc. Our appetite is to take part in as much interschool sport as possible whilst monitoring and being responsive to the local rates and guidance. We have been successful in securing a grant to provide greater opportunities for sport and physical activity and

community use of the school facilities through out the year, this will complement our approach to spending the sports premium grant. Additional we have been successful in securing a further grant for cycle storage to promote active routes to school.

**INITIATIVES TO ENHANCE SPORT, PE, HEALTH AND FITNESS THROUGH SPECIALIST TEACHING AND COACHING**  
**(Sports Premium Funded Highlighted in Red)**

| INITIATIVE  | COSTINGS      | IMPLEMENTATION  | IMPACT / OUTCOMES   |
|---|---------------|---|---|
| Full Time Sports Coach (continuation)   | £21,930       | Sports Coach provides 2 x sports / PE lesson per week for all classes from Year 1 upwards and 1 x class per week for Reception and Nursery classes  | <ul style="list-style-type: none"> <li>Maximum participation in structured PE / Sports lessons during the school day including</li> <li>Specialist PE session for Oasis children</li> <li>100 children take part in sports afterschool clubs each week</li> <li>At least one school team attends inter-school sports competition each term</li> </ul> |
| <b>After School Clubs x 5 (Continuation)</b>  | <b>£4,500</b> | Delivery of after school sports clubs x 5 minimum x 20 participants in each   |   |
| <b>Comments</b>   |               |   |   |
| We have completely filled all places for sports club each night after school. Participation in school sports competitions has been adversely affected by covid restrictions, however we are now in a position to plan to attend up coming events, all being well. This will support us in gaining our kitemark award. |               |   |   |
| PE Passport (Continuation)  | £300 pa.      | Implementation of the PE Passport Curriculum and Assessment tool  | <ul style="list-style-type: none"> <li>Provides clear progression for curriculum delivery and skills</li> <li>Provides an evidence base for teachers making judgements about children's achievements in PE and Sport</li> </ul>   |
| <b>PLT Network (Continuation)</b>   | <b>£1,100</b> | Support network for Health and Fitness co-ordinator and access to free CPD and inter school sports competitions   | <ul style="list-style-type: none"> <li>Shared good practice</li> <li>Participation of at least two teams in every sporting competition</li> <li>Achieve School Sports Kitemark</li> </ul>   |
| <b>Dance Coach After School Clubs x 5 (Continuation)</b>  | <b>£4,500</b> | Dance coach to provide 5 x dance clubs per week<br>All year groups to have the opportunity to take part in specialist dance sessions over the course of the year.   | <ul style="list-style-type: none"> <li>100 children per week take part in Dance lessons</li> <li>Dance is showcased in assemblies and performance</li> <li>At least one dance team take part in competition during the year</li> </ul>  |
| Dance Coach – Curriculum Provision (continuation)   | £5,000        | Dance Coach to deliver weekly dance lessons covering the Dance Curriculum for each Year group for 1 term per year   | <ul style="list-style-type: none"> <li>Maximum participation in Dance and high Quality delivery of the dance curriculum through specialist coaching</li> </ul>  |
| Cycling Coaching and ASCs x3 (Continuation)   | £6,200        | Additional Specialist coaching to maximise opportunities for physical activity and fitness training – cycle training 1 x half day per week for 39 weeks for Year Five<br>Specialist Cycling tuition 1 x half day for SEND children to improve balance and co-ordination as well as confidence and resilience. All Oasis children take part in 39 weekly sessions – additional referrals for blocks of cycling coaching taken for SEND | <ul style="list-style-type: none"> <li>Improved fitness levels of children involve</li> <li>Targeted children make rapid improvement in terms of their cycling skills</li> <li>15 x children take part in After school club</li> <li>All Year Five /6 children take part in end of year competition</li> </ul>  |

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|   |                        | children with identified physical difficulties or referred in by parents / family co-ordinator due to health concerns e.g. weight  |   |
| Balance Bikes and Cycling Training (Continuation)                 | £3,100                 | Reception and Nursery Balance Bike and Cycling training as a part of a pilot – with a view to extending this after the pilot to further enhance EYFS Physical Development  | <ul style="list-style-type: none"> <li>95% of children in Reception are able to ride a pedal bike at the end of the academic year.</li> </ul>   |
| Swimming Tuition (continuation)                                   | £12,000                | All year-round swimming tuition to all children from the beginning of term 2 in Year Three to the end of term 1 in Year Four. Costs include transport.   | <ul style="list-style-type: none"> <li>90% of children in this year group achieve their National Curriculum badge / Water Safety Badge</li> </ul>   |
| <b>Breakfast Club Sports (Continuation)</b>                       | <b>£3,200</b>          | 1 x sports coach for daily breakfast club – to promote a healthy active start to the day providing an hour of sports coaching to 30 children attending breakfast club  | <ul style="list-style-type: none"> <li>Minimum of 30 children participate in 1 hour of sport before school everyday</li> </ul>  |
| <b>FURTHER INITIATIVES TO ADDRESS BARRIERS TO PARTICIPATION</b>   |                        |  |   |
| Community Activity Grant (New Initiative)                         | +£10,000               | Grant-funded expansion of a range of health, fitness and well-being provision for the local community. Extend the use of the school facilities to promote health and fitness activity in the local area and a low cost or cost free. Consultation with families has taken place and plans are to tailor the provision to the interests of stakeholders.<br>Planned developments:<br>Community Sports Club lettings, Active Evenings, Parent groups / baby and toddler groups / adult fitness sessions / Youth group provision and a range of community lettings e.g. Slimming world. | <ul style="list-style-type: none"> <li>Increased participation in informal physical activity for the community</li> <li>Daily community use of the school facilities</li> </ul> <p>Ability to subsidise costs to sustain the longevity of the project beyond the first funded year.</p> |
| Annual School Sports Awards (Continuation)                        | £100                   | Each year parents and children participate in sports awards nominations from each class (Y1 to Y6) are taken in several sporting categories, plus overall winners rewarded – high profile event to recognise achievement in sport<br><br>Sporting achievements out of school celebrated in assembly every Friday to further promote all types of sporting achievements   | The school maintains a strong reputation for participation in and commitment to sport and physical activity   |
| <b>Annual Sports Week Activities (Continuation and expansion)</b> | <b>£1,000 per year</b> | Inter year group sports competitions / challenges / Sports Week assembly etc Visiting specialist sports coaches, visiting speakers and local sports clubs providing taster sessions for the children, prizes / medals / trophies for participation / equipment hire / purchase as required – includes Sports Day / use of local facilities e.g. boating lake for kayaking  | Sport and Fitness continue to have a high profile amongst the children and families.<br>Signposting of children to sports clubs locally, widen opportunities for children to experience a range of sports that they wouldn't normally try.  |
| <b>Provision of sports equipment for daily outdoor play</b>       | <b>£1000 per year</b>  | Resources inc equipment, training materials renewed and refreshed regularly  | High levels of physical activity are maintain at break and lunchtime play   |

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| (continuation and improvement)   |                        |  |   |
| Participation in Manchester United Coaches in School Scheme  | N/A                    | High profile local club coaches work along side school sports coach to provide specialist coaching x one term per year   | Contributes to developing children's motivation, their aspirations and raises expectations  |
| <b>Transportation (Continuation)</b>   | <b>£1,000</b>          | We provide free transportation to all sporting activities, both in and out of school hours, includes mileage costs for teachers and minibus hire   | Facilitates maximum participation   |
| <b>Comments</b>  |                        |  |   |
| Not yet been possible due to Covid – but we are optimistic about starting this in the latter end of the spring term.   |                        |  |   |
| Big Local Holiday Clubs (Continuation)   | N/A                    | The school provides free letting for this local charity's active holiday clubs every holiday. The charity provides low cost and free holiday club places for 60+ children daily throughout the school holiday (with the exception of the Christmas break) The charity employs two sports coaches and links with the dance coaches and other local clubs. | Ensures that children in a child care setting take part in active pursuits over holiday periods   |
| Fuel4Fun Camps (New initiative)  |                        | The school will provide Fuel4Fun camps during each holiday period for up to 20 disadvantaged children – the camps take place for 5 days and four hours daily, support from Active Tameside Coaches helps deliver these where school staff are unavailable,   | Minimum of 80 children take part in fitness camps during the school holidays over the year.   |
| <b>Whitehall Trip (Continuation)</b>   | <b>£2,500 per year</b> | Annual Trip for Year Five – outward bound activities – encouraging children to work together and support each other when risk taking within a safe outdoor environment   | Promotes teamwork and calculated risk taking in outdoor pursuits<br>Boosts confidence in readiness for Year Six<br>Enables staff to assess children's attitude to challenge and risk and leadership qualities |
| <b>Robinwood Residential Subsidy (Continuation)</b>  | <b>£1,500 per year</b> | Annual Subsidy of Residential Trip to Robinwood Including Cost of Coach  | Pushes children out of their comfort zones and promotes resilience and reliance on peers, team working, team achievement, builds relationships and can-do attitude to challenge prior to SATs                 |
| <b>Comments</b>  |                        |  |   |
| Robinwood was once again a huge success, we had high levels of participation from the children, who were described by school staff as "the best group of children to ever attend Robinwood".<br>Unfortunately Whitehall activity centre was fully booked for this year and early next year, so Mrs Burton has been working to secure an alternative, which we are optimistic will be viable for the summer term. |                        |  |   |
| Cycle Storage Grant (new initiative)   | (Up to £14,000 TBC)    | Transport for Greater Manchester Grant to provide covered cycle storage for both children and adults in school to promote active routes to school  | Increased number of staff cycle to school<br>More than 10 children cycle to school each week  |
| <b>Total Planned Spend</b>   | <b>£83,450</b>         |  |   |

|  |                |  |  |
|--|----------------|--|--|
| <b>Total Income from Sports Premium</b>                  | <b>£19,320</b> |  |  |
| <b>Total Allocated to Initiatives for Sports Premium</b> | <b>£20,300</b> |  |  |